

Exemplary Practices: Thinking Outside of the Box to Provide Supports to Families

2023 CBCAP Grantee Meeting

Wednesday, May 24, 2023

2:45 pm

Key Ballroom 6





2021 Annual State Summary of Exemplary Practices

The Community-Based Child Abuse Prevention (CBCAP) program provides federal funding to all 50 States, District of Columbia, and Puerto Rico. The funds are for the implementation of community-based and prevention-focused programs and activities designed to strengthen and support families to prevent child abuse and neglect.

[CLICK HERE TO LEARN MORE ABOUT CBCAP](#)

This summary highlights child abuse prevention activities and services implemented during the 2021 funding year for CBCAP State Lead Agencies. To learn more about the Child Abuse Prevention and Treatment Act (CAPTA) that guides the program, [click here to download the legislation](#).

Federal Fiscal Year 2021 saw increases in funding to states and communities with the American Rescue Plan Act. The American Rescue Plan provided an additional \$250 million for the CBCAP program that was awarded to states, territories, tribes, tribal organizations, and migrant organizations providing community-based supports and resources to families^[1]. These increases in funding brought opportunities and challenges for states and local communities to collaborate on plans and programs to further emphasize child and family well-being as well as address primary and secondary prevention of child abuse and neglect efforts. In addition, many states and communities continued to support and partner with families to address the challenges they faced as a result of the COVID-19 pandemic. We also saw great opportunities in expanding our efforts around diversity, equity, and inclusion. And more people around the world reported their family as a source of meaning in their lives.^[2]

The information shared below provides both a snapshot of services implemented throughout the country and specific state examples of work on Culturally Specific Evidence Informed Programs/Practices, Warmlines for Primary Prevention, Outreach to Special Populations, Parent Leadership/Engagement Infrastructure, and Collaboration to Strengthen Prevention Infrastructure.



The Father's Feelings Project

CBCAP Annual Grantee Meeting
Exemplary Practices: Thinking Outside of the
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Nicole Sillaman, MBA

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Ohio Children's Trust Fund

Ohio's Prevent Child Abuse America Chapter



Father's Feelings Project

Goes well beyond assessing and studying paternal depression.

Offers dads resources, consultations, and interventions.

Helps improve their skills and understanding of themselves as fathers.

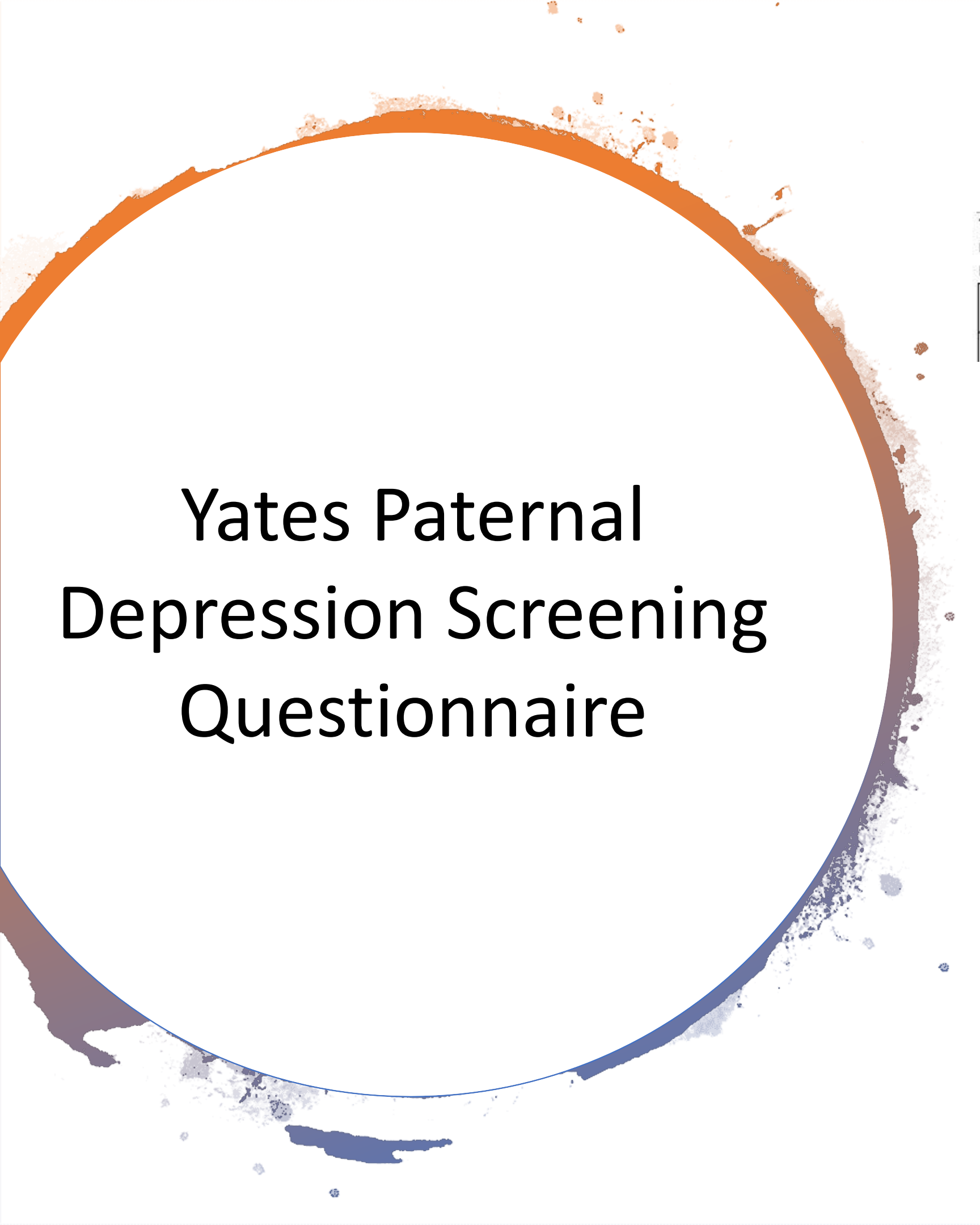
Validates them as fathers and primary caregivers for their children.

The Father's Feelings Project



Each participant:

- Receives five 90-minute one-on-one sessions with expert staff from OhioGuidestone.
- The first and final study visits include an in-depth consultation with a licensed clinician.
- Other visits are led by an experienced parent coach who shares insights and resources – Joyful Together.
- Upon completion, participants receive a \$25 gift card and a special father-child gift.
- Must be at least 16 years of age and have a baby 12 months old or younger.



Yates Paternal Depression Screening Questionnaire

YATES PATERNAL DEPRESSION SCREENING QUESTIONNAIRE

This questionnaire is for male fathers who have a child(ren) between 0-1 years old.
Please read each question and answer thinking about how you have felt in the last 2 weeks.
Put an "X" in the column that best describes your feelings.

	Everyday (3)	Somedays (2)	Never (1)		Everyday (3)	Somedays (2)	Never (1)
I feel less satisfied with my				I fight with the mother of my baby			

- New way to assess new dads for risk of paternal depression
- The Yates is a brief, simple survey of 25 short questions
 - Designed specifically for male fathers with children 12 months old or younger
 - Can be completed and scored in minutes



Strategies for Recruiting and Retaining Fathers

Male to Male

Be Reliable

Non-Judgmental and Culturally-Competent
Communication Zones

Offer Incentives

Meet/Recruit at Non-Traditional Times and
Off-Site Work Locations

Know YOUR community

Engaging Activities

Provide a relaxed, welcoming father-friendly
environment

A close-up photograph of a man with dark, curly hair and a warm smile, looking down at a baby. The baby is wearing a blue and white plaid shirt and looking up at the man. The background is a bright, out-of-focus green and blue pattern.

**THE FATHER'S
FEELINGS PROJECT
VIRTUAL SEMINAR**

HELPING NEW DADS THRIVE

**Learn how to support new fathers and
their mental health as they navigate the
first year of their child's life.**

A photograph of a man with a beard and a white baseball cap, looking off to the side. He is wearing a white shirt with colorful horizontal stripes. Next to him is a young child with light brown hair, looking directly at the camera. The background is a soft-focus outdoor scene with greenery.

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Who Did We Serve?

The Fathers Feelings Project served 1 father from Southeast (Appalachia) Ohio, and 49 fathers statewide.

Interest	Enrollment	Perinatal Screening	Program Completion	Withdraw	Ineligible
516	75	50	48	35%	12

Ineligible reasons included age of child > 1 year old (n=7), thought the program was for mothers (n=1), other (n=4).

What Did We Find?

Father Protective Factors:

- 34 fathers had pre and post Parent Stress Index-SF4 data available and 77% (count 26) of fathers reported improved pre to post total parent stress improvements (decreased stress) for themselves
- 28 fathers had pre and post PFS-2 data available and 86% of fathers reported improved pre to post total family protective factors improvements

Child Protective Factors:

- 30 fathers had pre and post DECA data available and 77% of fathers reported improved pre to post total protective factors in their children

Lessons Learned for Effective Outreach

In our efforts to engage father-serving agencies in Appalachia Ohio, we learned that we first needed to inform local providers about how to effectively engage fathers.

In partnership with a local child care resource and referral agency, a three-part professional development series was launched:

1. “Helping New Dads Thrive: Introductory Training for Paternal Depression and Fatherhood Equity”
2. Community of Learners Session 1: “Identifying Perinatal Needs Case Consultation”
3. Community of Learners Session 2: “Responding to Identified Needs Wraparound Services”

More Concrete Supports

Concrete Supports

- Need to address limited resources for childrearing and parenting time
- Sometimes leveraged *against* fathers for access to children
- Evaluate policies and procedures that de-center and underserve and marginalize fathers

Opportunities to Innovate & Advocate

- **Father-Infant Vitality & Education Kits**

Vitality Kits: Safe Sleep | Safe Transport | Health & Safety

Education: Infant Development | Nurturing Parenting | Family Skills

- **WIC Advocacy for Fathers**

underutilization begs question if more advocacy for intentional father inclusion and service to support healthy childhood nutrition & concrete supports for fatherhood

Early Childhood Safety Initiative

Leveraging the groundwork of the Father's Feelings Project, OhioGuidestone then received a grant from the OCTF for the Early Childhood Safety Initiative, reaching TANF eligible families.

Through ECSI, fathers received brief parent education and up to \$400 in concrete supports for items such as car seats, strollers, baby feeding and bottles, home safety items, etc.

This program serves approximately 50 dads per year, with approximately 25 of these dads also participating in the Father's Feelings project in SFY 2022.

What Did Fathers Report?

Fathers reported improvements in supporting the comfort of their child(ren), financial relief, child safety, stress relief, and increased time with their children and families. Support for fathers has been historically underrepresented and this has been great in building healthier father-child bonds.

Results reported include:

- **Increased self-efficacy for fathers regarding their quality of caring for their child**
- **Fathers felt more involved as a parent**
- **Fathers felt less stressed**



Questions & Comments?

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